

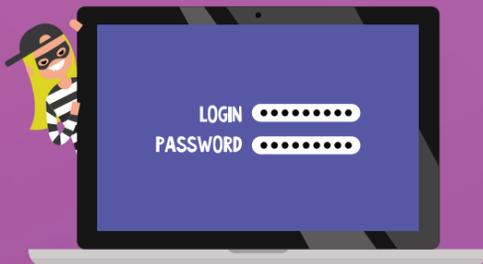
# Staying Safe Online: Respect Yourself and Others

**Respect** others by being kind with your words, pictures, and posts.



**Evaluate** content by stopping to think if it is fact, opinion, or fake.

**Share** safely by keeping your personal details private.



**Protect** yourself by using strong passwords and privacy settings.

**Explain** your worries to a trusted adult if something online upsets you.



**Click** wisely so you stay safe from scams, viruses, or unsafe websites.

**Take** breaks so you balance your screen time with other activities.

